
Measuring your personal Carbon Footprint

A guide for our church community as part of our Eco Church journey

What is a Personal Carbon Footprint?

A personal carbon footprint is a measure of the greenhouse gases produced by our everyday activities. These emissions come from things such as heating our homes, travelling, eating food, buying goods, and using energy.

Why is it worth measuring our Carbon Footprint?

Understanding our carbon footprint helps us see where our biggest environmental impacts lie and identify practical changes we can make to care for God's creation. Small actions, when taken by many people, can make a significant difference.

Completing a carbon footprint calculator is a simple first step towards living more sustainably. It can help us reflect on our lifestyle choices, celebrate what we are already doing well, and discover new opportunities to reduce our impact on the planet.

How to do a Personal Carbon Footprint

There are many different carbon footprint calculators available for free on the internet. They all vary in depth and complexity.

If you are unsure which one to use, we recommend the WWF carbon footprint calculator as an easy and straightforward tool to use. It takes only a few minutes to complete and provides personalised suggestions for reducing your emissions.

You can try the calculator here:

[WWF Footprint Calculator](#)

Why not give it a go and see what changes you could make as part of your journey to care for creation?

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